

PharmGenEd™ Principles and Concepts of Pharmacogenomics

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Presentation Outline

- Definitions
- 2. Translating pharmacogenomics into practice
- 3. Molecular biology 101
- 4. Pharmacogenomic nomenclature
- 5. Polymorphism types

- 6. Ethical, legal, social (ELSI) & economic issues
- Roles for healthcare professionals
- 8. Pharmacogenomic resources
- 9. PharmGenEd™ Program
- 10. Acknowledgements
- 11. References

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Learning Objectives

- Upon completion of this program, participants will be able to:
 - Describe and define basic pharmacogenomic nomenclature and principles
 - Describe polymorphism types and their impact on pharmacokinetics (PK) and pharmacodynamics (PD)
 - Understand the ethical, legal, social issues (ELSI) & economic issues related to pharmacogenomic testing
 - Identify resources for obtaining current and updated pharmacogenomic information

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Definitions

- Pharmacogenetics
 - "the study of genetic causes of individual variations in drug response" (American Association of Pharmaceutical Scientists (AAPS) Pharmacogenomics Focus Group)
- Pharmacogenomics
 - "more broadly involves genome-wide analysis of the genetic determinants of drug efficacy and toxicity" (American Association of Pharmaceutical Scientists (AAPS) Pharmacogenomics Focus Group)
- The terms are used interchangeably. For the purposes of this presentation we will use the term pharmacogenomics (PGx)

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Translating Pharmacogenomics into Practice

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Pharmacogenomics Impacts Pharmacokinetics and Pharmacodynamics

- Variations in a gene may impact either pharmacokinetics or pharmacodynamics
 - Pharmacokinetics = process by which a drug is absorbed, distributed, metabolized, and eliminated
 - Pharmacodynamics = action or effect of a drug on the body
- These impact efficacy and toxicity

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Current Drug Therapy

- Drug response rate
 - 30-60% response rate of drug therapies for Alzheimer's, depression, rheumatoid arthritis, hypertension, osteoporosis (Physician's Desk Reference 2007)
- Adverse drug reactions (ADRs)
 - ↑ Morbidity and Mortality
 - Up to 100,000 people/year die of ADRs in the U.S. (Lazarou 1998)
 - ↑ Cost

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Value of Pharmacogenomics

- Personalize medicine using genotyping technologies
- Optimize drug therapy
 - May maximize drug effectiveness
 - May minimize drug toxicity
 - May minimize pharmacokinetic and pharmacodynamic variability of drug therapy
 - May avoid unnecessary treatment
- Optimize drug development

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Challenges of Pharmacogenomic Testing

- Access
 - Availability of test
 - Providers
 - Insurance coverage
- Feasibility
 - Turnaround time
 - Sensitivity/specificity of
 - Efficiency
- Cost
 - Genetic test
 - Disease management
 - Counseling

Limited evidence

- Few quality studies
- Prospective vs retrospective studies
- Predictive value
- Analytical and clinical validity
- Phenotyping of clinical presentation
- Clinical utility of testing
- Efficacy
- Expertise
- Cost-effectiveness

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Patient/Provider Concerns

- Patients have high expectations
 - They expect healthcare providers to explain and interpret pharmacogenomic test results
- Providers lack evidence-based resources
 - Reluctant to order pharmacogenomic tests due to limited information about clinical utility
 - There are logistical challenges to testing
 - Health informatics tools (Electronic Medical Records, Computerized Provider Order Entry) do not have pharmacogenomic information at the point of care UC San Diego

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Patient/Provider Concerns

- Patients and providers have concerns about privacy issues (Rogausch 2006, Fargher 2007)
 - Genetic testing policies vary from state to state
- Current healthcare professionals need education (Frueh 2004)
- Future healthcare providers need education
 - Pharmacogenomics curricula have increased in pharmacy schools (Murphy 2010)
 - Pharmacogenomics is not adequately taught in medical schools (Gurwitz 2005)

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Competency in Pharmacogenomics

- General competency domains include
 - Genetic basis of disease
 - Impact of genetic variations on drug metabolism
 - Drug discovery
 - Drug disposition and targets
 - Ethical applications, social & economic implications
- Open-access, comprehensive webbased tutorials are recommended UC San Diego

(Gurwitz 2005)

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Practice Gap

- The field of pharmacogenomics is growing rapidly, with many new discoveries coming to light
- It is critical for clinicians to...
 - Appropriately interpret emerging data on pharmacogenomic tests
 - Become familiar with resources applicable to their practice

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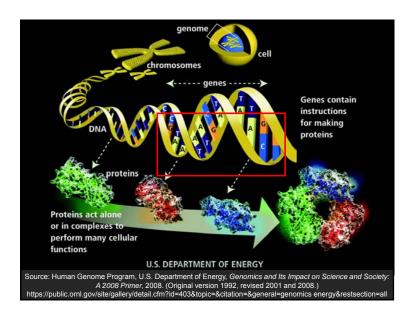


Molecular Biology 101

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Molecular Biology 101

What are alleles?

- Different versions (alternate sequences) of a gene at a particular location on a chromosome
- Alleles include the wild-type (usual) sequence, mutations, and polymorphisms of a given gene
- Within a gene, variations of an individual nucleotide can be considered alleles

· Humans are diploid organisms

- Humans normally have 2 copies of every chromosome; thus we have 2 copies of each gene
- One allele is from your biological mother
- One allele is from your biological father

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Molecular Biology 101

· What is a polymorphism?

- A variation in DNA sequence
 - If present in >1% of the population, it is known as a polymorphism
 - If present in <1% of the population, it is known as a mutation
- Types of polymorphisms
 - Single nucleotide polymorphism (SNP, pronounced 'snip')
 - Other types of polymorphisms involve changes in more than one nucleotide

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Molecular Biology 101

· What is a genotype?

- Each person carries 2 alleles of each gene
- The set of 2 alleles is his/her genotype

What is a phenotype?

- The characteristics (e.g. clinical presentation) of an individual, that result from his/her particular genotype
- Examples:

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- · ultra-rapid metabolizers (UM)
- poor metabolizers (PM)

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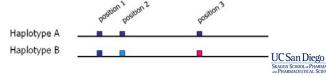
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Molecular Biology 101

What is a haplotype?

- A set of alleles at multiple, neighboring positions that coexist on the same chromosome
- These alleles may be in separate locations within a single gene or among different genes
- Neighboring alleles (located near one another) are physically tethered and usually inherited as a set, i.e. their linkage on the chromosome prevents their separation during inheritance
- One individual inherits two copies of a haplotype



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Pharmacogenomic Nomenclature

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Pre-Test Question:

An example of a SNP is VKORC1 1173 C>T. Based on the nomenclature of this **SNP**, what is the gene of interest?

- A. 1173
- B. VKORC1
- C. Thymine (T)
- D. Cytosine (C)

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Pharmacogenomic Nomenclature

The following slides will describe:

- SNP nomenclature
- Reference SNP (rs) nomenclature
- "Star" nomenclature
- Genotype nomenclature
- Haplotype nomenclature

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SNP Nomenclature

- Examples
 - VKORC1 1173 C >T
 - ABCB1 3435 C >T
- Explanation
 - The first few letters/numbers (e.g. VKORC1, ABCB1) identify the gene
 - The numbers following the gene (e.g. 1173, 3435) indicate the <u>nucleotide position</u> in the gene
 - The first letter (e.g. C) represents the original (or wildtype) nucleotide
 - The second letter (e.g. T) represents the change in the nucleotide sequence (i.e. the SNP)

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Reference SNP (rs) **Nomenclature**

- The "rs" naming system is used by the SNP database (dbSNP)
 - dbSNP is the central database for all genetic variation information
 - Recommended by Human Genome Variation Society as the standard nomenclature for SNPs
 - As each new polymorphism is identified, the information is submitted by researchers to the SNP database. The sequence data are curated and an "rs" number is created

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"Star" Nomenclature

- Example 1: CYP2C19*1 and CYP2C19*2
- CYP2C19 function varies based on the allele
 - *1 allele → normal (wild-type) enzyme activity
 - *2 allele → no enzyme activity
- Example 2: CYP2C9*1 and CYP2C9*2
- CYP2C9 function varies based on the allele
 - *1 allele → normal (wild-type) enzyme activity
 - *2 allele → decreased enzyme activity
- Key point: Identical allele names may indicate different functional outcomes, depending on the specific gene/protein

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Genotype Nomenclature

- Genotype refers to the two alleles inherited for a specific gene
- Example:
 - A person may carry two copies of the *2 allele for CYP2C19
 - Genotype = CYP2C19 *2/*2
- Genotypes may impact drug metabolism
 - CYP2C19 *1/*1 → normal (wild-type) enzyme activity
 - CYP2C19 *1/*2 or *1/*3 → reduced enzyme activity
 - CYP2C19 *2/*2, *2/*3, or *3/*3 → no enzyme activity

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Haplotype Nomenclature

- Haplotype refers to a combination of alleles or a set of SNPs found on the same chromosome
- Example: VKORC1 gene
 - There are SNPs in at least 10 separate positions throughout the gene that may have functional effects
 - A haplotype name is used to simultaneously describe each set of linked SNPs in an individual
 - Haplotype A = a set of SNPs at 10 different positions along one chromosome
 - Haplotype B = a different set of SNPs at the same 10 positions on another chromosome UCSanDieg

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Post-Test Question:

An example of a SNP is *VKORC1 1173 C>T*. Based on the nomenclature of this SNP, what is the gene of interest?

- A. 1173
- B. VKORC1
- C. Thymine (T)
- D. Cytosine (C)

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Polymorphism Types

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Polymorphism Types

- Single nucleotide polymorphism (SNP)
- Variable number tandem repeat
- Gene deletion
- Copy number variant

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Single Nucleotide Polymorphism (SNP)

- A single base substitution
- Several million SNPs have been identified, and novel SNPs continue to be discovered
- Some SNPs lie outside the protein-coding regions of genes
- Other SNPs lie within coding regions of genes
 - These may or may not alter protein synthesis
 - · Synonymous polymorphism
 - · Non-synonymous polymorphism
 - · Premature stop codon



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Pre-Test Question:

A polymorphism has been found in the gene for a drug-metabolizing enzyme. A nucleotide change occurs, yet the encoded amino acid is unchanged.
What type of SNP is this?

- A. Gene deletion
- B. Synonymous
- C. Non-synonymous
- D. Premature stop codon

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Synonymous SNP: ABCB1 and P-glycoprotein

- The gene ABCB1 encodes P-glycoprotein
- ABCB1 3435C >T allele (rs1045642)
 - Nucleotide change occurs (C > T), yet the resultant amino acid (isoleucine) is unchanged

Reference or 'wild type' nucleotide sequence GTG | TCA | CAG | GAA | GAG | ATC Corresponding amino acid sequence Val Ser Gln Glu Glu IIe ABCB1 3435C >T polymorphism – nucleotide sequence GTG | TCA | CAG | GAA | GAG | ATT Corresponding amino acid sequence Val Ser Gln Glu Glu Ile

- Function effect: Conflicting data on whether there is an effect on Pglycoprotein expression or function (Kimchi-Sarfaty 2007, Leschziner 2007, Fung 2009, PharmGKB)
- Affected drugs: efavirenz, cyclosporine

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Non-Synonymous SNP: TPMT

- The gene TPMT encodes thiopurine methyltransferase
- TPMT*3A haplotype (Tai 1996, Weinshilboum 2001)
- TPMT 615 G > A results in an amino acid change (alanine > threonine)
- TPMT 874 A > G results in an amino acid change (tyrosine > cysteine)

Reference or 'wild type' nucleotide sequence GCA TTA AAG TTA TAT CTA Corresponding amino acid sequence Ala Leu Lys Leu Tyr Leu TPMT*3A polymorphism - nucleotide sequence ACA TTA AAG TTA TGT CTA Corresponding amino acid sequence Thr Leu Lys Leu Cys Leu

- Functional effect: Decreased TPMT enzyme activity
- Affected drugs: azathioprine, 6-mercaptopurine

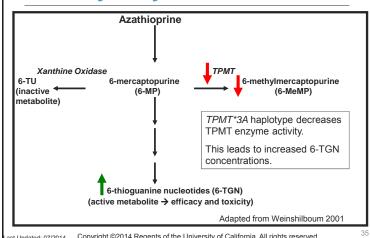
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Non-Synonymous SNP: TPMT

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Post-Test Question:

A polymorphism has been found in the gene for a drug-metabolizing enzyme. A nucleotide change occurs, yet the encoded amino acid is unchanged. What type of SNP is this?

- A. Gene deletion
- B. Synonymous
- C. Non-synonymous
- D. Premature stop codon

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Patient Case #1

- 7-year old Caucasian child diagnosed with acute lymphoblastic leukemia. Patient has finished remission induction and will begin intensification chemotherapy that will include 6-mercaptopurine (6-MP)
- · Allergies: no known drug allergies
- Questions:
 - Should a genetic screening test be done before starting 6-MP?
 - What will be the empiric 6-MP starting dose?_{UCSanDiego}

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Systematic Approach to Understanding Polymorphisms

- Identify the polymorphism and what it may affect
 - Enzyme, transporter, receptor
 - It may or may not have functional effect
- Who is impacted?
 - Individual and population variation may exist
- Relevance to a drug?
 - May affect drug PK or PD, influencing dosing, efficacy, or toxicity
 - May have no effect on a drug
- Relevance to a disease?
 - May increase or decrease disease susceptibility or disease condition
 - May be useful as a screening or diagnostic tool

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Systematic Approach to Understanding Polymorphisms

- Identify the polymorphism and what it may affect
 - TPMT*3A → decreased TPMT enzyme activity
- Who is impacted?
 - 1-10% in Caucasian populations
- Relevance to a drug?
 - Increased 6-mercaptopurine (6-MP) concentrations
 - Increased toxicity risk (myelosuppression)
 - 6-MP dose reduction is needed
- Relevance to a disease?
 - No difference in overall survival in individuals who have the TPMT*3A polymorphism

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Patient Case #1 Summary

- Patient was screened for the TPMT polymorphism before starting intensification chemotherapy
 - Patient's genotype was TPMT*3A/*3A
- Patient's genotype increases risk of myelosuppression upon starting 6-MP
- To decrease this risk, 6-MP starting dose reductions are recommended (Purinethol® Prescribing Information)

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Pre-Test Question:

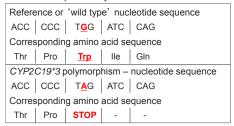
If drug X is predominantly metabolized by the CYP2C19 enzyme, which *CYP2C19* genotype may result in the lowest amount of metabolite Y in the blood?

- A. CYP2C19 *1/*1
- B. CYP2C19 *1/*2
- C. CYP2C19 *1/*3
- D. CYP2C19 *3/*3

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Premature Stop Codon SNP: CYP2C19

- CYP2C19 encodes a cytochrome P450 enzyme
- CYP2C19*3 allele (Demorais 1994)
- The nucleotide change (G >A), replaces reference sequence (encoding the amino acid tryptophan) with a stop codon, resulting in termination of protein synthesis



- Functional effect: CYP2C19*3 abolishes enzyme activity
- Affected drugs: proton pump inhibitors (omeprazole, lansoprazole)

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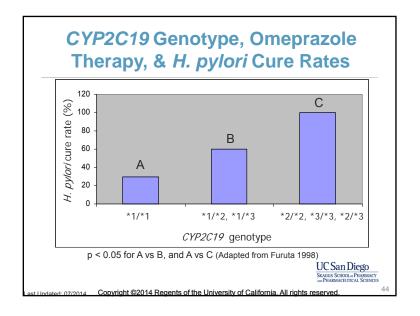
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CYP2C19 Genotype and Omeprazole Pharmacokinetics

Genotype	_	YP2C19 activity	Omeprazole (Mean	
CYP2C19 *	1/*1 r	normal	384 ±	64
CYP2C19 ** CYP2C19 **	–	educed	1002 ±	532
CYP2C19 *2 CYP2C19 *2 CYP2C19 *3	2/*3	absent	5590 ±	294
	Drug X omeprazole)	CYP2C19	Metabolite Y	
(Furuta 1999)	31110p1 a2010)			SKAGGS SCHOOL OF PHARM AND PHARMACEUTICAL SCI

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Patient Case #2

- 35 year old Asian female complains of dyspepsia & epigastric pain. Denies nausea and vomiting and blood in stools. Urea breath test is positive. She is diagnosed with *H. pylori* peptic ulcer disease
- Past Medical History:
 - No other significant past medical history
 - No known drug allergies
- Medications: Begins 10-day course of omeprazole, amoxicillin, and clarithromycin
- · Questions:
 - What is the primary enzyme responsible for omeprazole metabolism?
 - Does a polymorphism exist for this enzyme?
 - What is the anticipated effect on omeprazole pharmacokinetics and the H. pylori cure rate?

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Systematic Approach to Understanding Polymorphisms

- Identify the polymorphism and what it may affect
 - CYP2C19*3 allele → no CYP2C19 enzyme activity
- Who is impacted?
 - Frequency of the CYP2C19*3 allele higher in Asian populations
- Relevance to a drug?
 - The CYP2C19*3 allele leads to higher omeprazole plasma concentrations, compared to the wild-type CYP2C19*1 allele
- Relevance to a disease?
 - H. pylori cure rates in patients taking omeprazole vary based on CYP2C19 genotype UCSanDiego

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Patient Case #2 Summary

- Patient purchased a commercially available genotyping kit
 - Patient's genotype was CYP2C19*3/*3
- H. pylori cure rate is anticipated to be 100% in patients with the CYP2C19*3/*3 genotype (Furuta 1998)
- Patient completed 10 day course of omeprazole, amoxicillin, and clarithromycin
 - Symptoms of dyspepsia and epigastric pain resolved
 - Patient was *H. pylori* negative and considered cured

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Post-Test Question:

If drug X is predominantly metabolized by the CYP2C19 enzyme, which CYP2C19 genotype would be predicted to result in the lowest amount of metabolite Y in the blood?

- A. CYP2C19 *1/*1
- B. CYP2C19 *1/*2
- C. CYP2C19 *1/*3
- D. CYP2C19 *3/*3

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Variable Number Tandem Repeat: *UGT1A1*

- UGT1A1 encodes UDP-glucuronyl transferase 1A1
- UGT1A1*28 allele
 - Insertion of one additional T. followed by one additional A
 - Copies of the "T-A" dinucleotide repeat increase from 6 to 7, in the promoter region of the gene (not the coding region) (Hall 1999)

Reference or 'wild type' nucleotide sequence G T A T A T A T A T A T A G T A A

*UGT1A1**28 polymorphism – nucleotide sequence G T A T A T A T A T A T A T A T A A

- Functional effect: decreased UGT1A1 transcription & enzyme (glucuronidation) activity
- Affected drug: irinotecan (metabolized by UGT1A1)

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Gene Deletions and Copy Number Variants - CYP2D6

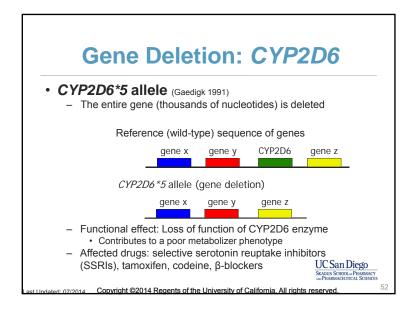
- CYP2D6 encodes a cytochrome P450 enzyme
- Deletions and duplications of CYP2D6 alter the number of copies of the gene, and the resulting activity of the CYP2D6 enzyme
- CYP2D6 polymorphisms have as much as a 200-fold effect on drug metabolism
- CYP2D6 polymorphisms affect pharmacokinetic variability among patients:
 - · Ultra-rapid metabolizers
 - Extensive metabolizers
 - Intermediate metabolizers
 - Poor metabolizers

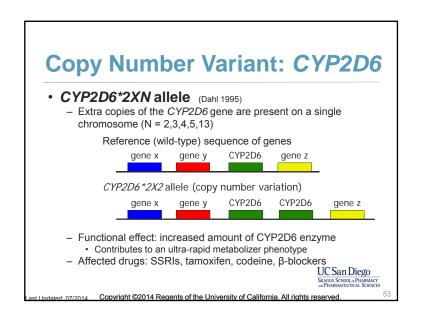
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Metabolizer Variability, Resulting from CYPD6 Genotypes 20 Ultra-rapid metabolizer (17) Extensive metabolizer (114) of individuals Intermediate metabolizer (19) Poor metabolizer (15) number log[urinary ratio of dextromethorphan:dextrorphan] (a measure of dextromethorphan metabolism) (Rebsamen MC, et al. Pharmacogenomics Journal 9:34-41, 2009. UC San Diego SKAGGS SCHOOL PHARMACY
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Ethical Issues

- Loss of privacy
- · Whom do we test?
 - Genetic profiling
 - · Discrimination/stigmatization
- Distributive justice
 - Equitable distribution of benefits to patient populations
- Prevention strategies (public health at large)
 - Genotypic versus phenotypic prevention
- Clinical decisions
 - Should the test be ordered?
 - What should be done with test result?

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Legal Issues

- Case Study
 - In 2001, the Equal Employment Opportunity Commission (EEOC) filed suit against the Burlington Northern Santa Fe (BNSF) Railroad for secretly testing its employees for predisposition to a rare genetic condition (carpal tunnel syndrome)
 - Genetic testing for other medical predispositions (e.g. diabetes, alcoholism) was also performed
 - BNSF employees were not informed of the genetic testing and were threatened with possible termination if they did not comply
 - EEOC argued that the tests were unlawful under the Americans with Disabilities Act because the tests were not job-related
 - BNŚF settled lawsuit with EEOC and stopped testing in 2002

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Legal Issues

Legislation

 The Genetic Information Nondiscrimination Act (GINA) of 2008 protects Americans from discrimination regarding health insurance and employment, based on genetic information

Questions to consider

- If testing is recommended, are clinicians liable if they do not offer or order the test?
- If an adverse an drug reaction occurs, who is responsible?

Resources

- National Human Genome Research Institute www.genome.gov/24519851
- University of Michigan Center for Public Health and Community Genomics http://www.sph.umich.edu/genomics/

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Social Issues

- Health disparities
 - Access to pharmacogenomic tests
 - Limitation of race-based therapeutics
- Employment
- Insurance
 - Loss of coverage
 - Increase in premiums
 - Life, disability and long-term care insurance
 - Unfair risk assessment for coverage
- Societal benefits and burdens
- · Mandatory versus voluntary screening

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Economics & Cost Implications for Public Health

- Implementation of pharmacogenomic (PGx) tests will require
 - Evidence-based rationales demonstrating costeffectiveness (Vegter 2008)
 - Payers agreeing to cover costs (Williams 2007)
- Cost of PGx tests is unlikely to disrupt the current public health system
 - Gradual and incremental progression
 - Our system has flexibility to adapt (Garrison 2008)



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Roles for Healthcare Professionals

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Potential Roles for Healthcare Professionals

- Become an informational resource by:
 - Identifying published literature and online resources
 - Maintaining up-to-date knowledge
 - Interpreting test results (potential outcomes and adverse reactions)
- Educate:
 - Healthcare professionals
 - Patients (genetic counseling)
- Collaborate with:
 - Researchers
 - Clinicians
 - Educators

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Patient Counseling

- · Information about pharmacogenomics tests
- · Assessment of risk in absence of genetic testing
- Cost associated with testing and counseling
- Technical accuracy of test
- Interpretation of positive, negative and inconclusive results
- · Psychological impact of test results
- Confidentiality issues and risks of potential discrimination
- Sharing genetic test results with at-risk relatives (Pharmacogenomics: Applications to Patient Care. 2004)

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Implications for Clinical Practice

- It is unclear how standard of care will be developed
 - Mandate testing
 - Restrict testing
 - Offer testing & let the patient decide
- · Role of epigenomics should be considered
 - Influence of environment on gene expression
- · Cost and coverage
- · Informed consent and patient counseling
- · Confidentiality and privacy



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Pharmacogenomic Resources

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Centers for Disease Control and Prevention (CDC)

- Evaluation of Genomic Applications in Practice and Prevention (EGAPP) launched in 2004
 - EGAPP Working Group (2005)
 - Independent, multi-disciplinary panel reviews available evidence on genetic tests, highlights critical knowledge gaps, and provides guidance on appropriate use of genetic tests in specific clinical scenarios (http://www.egappreviews.org/about.htm)
- GAPP Translation Programs
 - Currently there are 5 translation programs (Michigan Department of Community Health, Oregon Department of Human Resources, Sepulveda Research Corporation, University of California at San Diego, University of ÚC San Diego Washington)

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Food and Drug Administration (FDA)

· Examples of topic areas for required or voluntary submissions to FDA

(Attachment to Guidance on Pharmacogenomic Data Submissions 2005)

- Metabolizing Enzymes, Transporters, Receptors, Clinical Outcomes: Efficacy and Safety, Nonclinical Safety
- Of 1,200 drug labels reviewed from 1945-2005
 - 121 labels contained pharmacogenomic information
 - 69 of these referred to human genomic biomarkers
- Currently, FDA lists 155 approved drugs with valid genomic biomarkers described their

labels (Table of valid genomic biomarkers in the context of approved drug labels 2014) UC San Diego

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Information and **Resource Databases**

- Definitions, Terminology, Nomenclature
 - National Human Genome Research Institute (NHGRI) http://www.genome.gov/10002096
 - Genetics Home Reference by the U.S. National Library of Medicine http://ghr.nlm.nih.gov/glossary
- Molecular Biology and SNP concepts
 - National Center for Biotechnology Information (NCBI): A Science Primer http://www.ncbi.nlm.nih.gov/About/primer/index.html
 - Court MH. A Pharmacogenomics Primer. J Clin Pharmacol 2007; 47:1087-1103 http://jcp.sagepub.com/cgi/reprint/47/9/1087.pdf

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Information and Resource **Databases**

- Information for Health Care Professionals
 - NIH G2C2: Genetics/Genomics Competency Center for Education

http://www.g-2-c-2.org/index.php

- CDC National Office of Public Health Genomics http://www.cdc.gov/genomics/links.htm
- PharmGKB http://www.pharmgkb.org/
- FDA: Valid Pharmacogenomic Biomarkers http://www.fda.gov/Drugs/ScienceResearch/Research Areas/Pharmacogenetics/ucm083378.htm
- National Coalition for Health Professional Education in Genetics SKAGGS SCHOOL@PHARMACY

http://www.nchpeq.org

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Information and Resource Databases (cont.)

- Information for Patients (Public policy, Ethical issues, Genetic testing)
 - CDC National Office of Public Health Genomics http://www.cdc.gov/genomics/resources/e.htm#Ethical
 - University of Michigan Center for Public Health and Community Genomics http://www.sph.umich.edu/genomics
 - National Human Genome Research Institute http://www.genome.gov/policyethics
 - Genetic Alliance http://www.geneticalliance.org

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- · Keola K. Beale, MD (University of CA San Diego)
- Dorit S. Berlin, PhD (Stanford University)
- Shanna A. Block, Pharm.D., BCOP (University of CA San Diego)
- Daniel A. Brazeau, PhD (University at Buffalo)
- · Coleman J. Bryan Jr., MD, MSPH (Naval Med. Center San Diego)
- Lenny L. Chan, Pharm.D. (Dept. of Public Health, San Francisco)
- Elvan C. Daniels, MD, MPH (Morehouse School of Medicine)
- Willie L. Davis, PhD (Loma Linda University)
- W. Gregory Feero, MD, PhD (National Institutes of Health)
- Alice J.A. Gardner, PhD (Mass College of Pharmacy and Health Sciences)
- James S. Green, Pharm.D., MBA, MSEd (Shenandoah University)
- Gloria R. Grice, Pharm.D., BCPS (St. Louis College of Pharmacv)
- Arthur F. Harralson, Pharm.D., BCPS (Shenandoah & GW Universities)

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- Caroline Tsai, Pharm.D., BCPP (San Francisco General Hospital)
- · Marc S. Williams, MD, FAAP, FACMG (Intermountain Healthcare)
- Christopher A. Woo. Pharm.D. (Walgreens)
- Chen Xu, PhD, RPh (Consultant)

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PharmGenEd™ Team

Authors

- Joseph D. Ma, Pharm.D.
- Kelly C. Lee, Pharm.D., BCPP
- Grace M. Kuo, Pharm.D., PhD, MPH, FCCP (PI)

Editors

- Cindy Gustafson-Brown, Ph.D.
- Grace M. Kuo, Pharm.D.,M.P.H., Ph.D. FCCP

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PharmGenEd Contact

- Program Director: Grace M. Kuo, Pharm.D., PhD, MPH, FCCP
- Phone: 1-858-822-7754
- Email: pharmacogenomics@ucsd.edu

References

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Thank you!

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